<Your Client Name Here>

My Values Insights™

<Consultation Dates Here>



My Values Insights[™] Contents

MY VALUES INSIGHTS™ - Getting Started	3
Navigating My Values Insights™	3
About My Values Insights™	3
INSIGHT I: MY VALUES - OVERVIEW	4
My Values List – Goals Values	4
My Values List – Means Values	5
INSIGHT II: FOUNDATION, FOCUS, VISION	6
My Values – Stages Distribution Map	7
INSIGHT III: LIFE TRANSITIONS	9
Developing as a Person	9
Three Transitions	10
Phase III Worldview – Important Notes	10
INSIGHT IV: THE LEADER'S LIFE	11
Leadership Profile	11
Four Themes	11

Values are ideals that give significance to our lives, that are reflected through the priorities that we choose, and that we act on consistently and repeatedly.

Brían P. Hall, (Founder of Values Technology) *Values Shíft* <Your Client Name Here> My Values Insights™ Date: <Consultation Dates Here>

MY VALUES INSIGHTS[™] - Getting Started

Values are literally everywhere! They are embedded in the stories we tell and hear; the way in which we observe and interpret the world; and how they influence the decisions we make both personally and professionally. Making sense of our values provides opportunities to shape our world and deepen skills to accomplish our priorities.

The desired outcome of this activity is to make those values explicit and to explore how they influence your life.

Navigating My Values Insights™

My Values Insights[™] is assembled using your values selections from your online survey. These selections are incorporated into the graphs and reports found in the following pages. Your coach will walk you through your report step by step, explain what each page means, and explore with you the connections to your life and leadership experience.



About My Values Insights™

My Values Insights[™] is prepared for you and your values facilitator by the dedicated team of values practitioners at *the Values Hub*. We are dedicated to providing resources for gaining values insight in one's personal life, relationships, and workplace teams.

Thank you for the privilege of exploring your values and experiences with you in conversation.

<Your Name Here>

Values Coach <Consultation Dates Here>

Purpose and Desired Outcome

- 1. *Identify* my values that provide security, daily focus, and help me navigate towards the future.
- 2. *Reflect* on the values that inform my view of the world.
- Grow from insights gained in reviewing my values and what I believe about myself, my relationships and place in the world.
- 4. *Prepare* to develop new valuesintegrated skills.

Visit The Values Hub Copyright © 2023, The Values Hub

Definitions Navigator

INSIGHT I: MY VALUES - OVERVIEW

My Values List – Goals Values

The following tables (this page and next) illustrate the number of times values are chosen. The values selected in the online inventory you completed are sorted by number of times selected (4 being most; 1 being least), and listed in the tables according to the stage in which the value is found on the Values Map. Along with your facilitator, you will have opportunities to explore the significance and influence of your selections.

Times Selected – 4	Times Selected – 3	Times Selected – 2	Times Selected – 1					
Stage 5: Equality/Liberation	Stage 6: Being Self Stage 4: Belief/Philosophy/Value Stage 4: Play/Recreation Stage 3: Self-Worth	Stage 8: Ecology/Global Stage 7: Truth/Wisdom Stage 6: Knowledge/Insight Stage 4: Competence/Confidence Stage 3: Family/Belonging	Stage 6: Art/Beauty Stage 6: Construction/New Order Stage 5: Service/Vocation					

My Values List – Means Values

Means Values												
Times Selected – 4	Times Selected – 3	Times Selected – 2	Times Selected – 1									
Stage 6: Accountability/Ethics	Stage 6: Education/Knowledge	Stage 7: Community/Personalist	Stage 7: Prophet/Vision									
Stage 5: Equity/Rights	Stage 6: Research	Stage 6: Community/Supportive	Stage 6: Complementarity									
Stage 4: Technology/Science	Stage 5: Congruence	Stage 6: Leisure	Stage 6: Creativity									
	Stage 5: Empathy	Stage 5: Adaptability/Flexibility	Stage 6: Detachment/Solitude									
	Stage 5: Expressiveness/Joy	Stage 5: Authority/Honesty	Stage 6: Mission/Objectives									
	Stage 5: Mutual Obedience	Stage 5: Quality/Evaluation	Stage 6: Mutual Accountability									
	Stage 5: Sharing/Listening/Trust	Stage 5: Relaxation	Stage 6: Pioneerism/Innovation									
	Stage 4: Ownership	Stage 5: Search/Meaning/Hope	Stage 5: Decision/Initiation									
	Stage 3: Endurance/Patience	Stage 4: Loyalty/Fidelity	Stage 5: Generosity/Compassion									
	Stage 2: Sensory Pleasure	Stage 4: Management	Stage 5: Limitation/Acceptance									
	Stage 2: Wonder/Curiosity	Stage 4: Memberships/Institution	Stage 4: Communication/Information									
	· · · · · · · · · · · · · · · · · · ·	Stage 4: Rule/Accountability	Stage 4: Competition									
		Stage 3: Equilibrium	Stage 4: Duty/Obligation									
			Stage 4: Economics/Success									
			Stage 4: Efficiency/Planning									
			Stage 4: Law/Rule									
			Stage 4: Productivity									
			Stage 4: Reason									
			Stage 4: Responsibility									
			Stage 4: Unity/Uniformity									
			Stage 4: Workmanship/Art/Craft									
			Stage 3: Care/Nurture									
			Stage 3: Obedience/Duty									
			Stage 3: Rights/Respect									
			Stage 1: Function/Physical									

INSIGHT II: FOUNDATION, FOCUS, VISION

Foundation, Focus, and Vision

Exploring the relationships between foundation, focus, and vision, goals and means

values.

VALUES INSPIRING VISION "vision values pull people forward to the future"

GOALS VALUES

Equality/Liberation-4 Being Self-3 Ecology/Global-2 Truth/Wisdom-2 <u>MEANS VALUES</u> Accountability/Ethics-4 Equity/Rights-4 Education/Knowledge-3 Research-3

VALUES PROVIDING FOCUS

"focus values are the values in which people invest time and energy every day"

CONTEXT (Internal/Subjective Reality) <u>GOALS VALUES</u> Self-Worth-3 Family/Belonging-2 <u>MEANS VALUES</u> Endurance/Patience-3 Equilibrium-2 Care/Nurture-1 CONTEXT (External/Objective Reality) <u>GOALS VALUES</u> Belief/Philosophy/Value-3 Play/Recreation-3 Competence/Confidence-2 <u>MEANS VALUES</u> Technology/Science-4 Ownership-3 Loyalty/Fidelity-2

VALUES ANCHORING FOUNDATION

"foundation values provide stability to people so they can maintain focus and move towards their vision for the future"

GOALS VALUES

MEANS VALUES

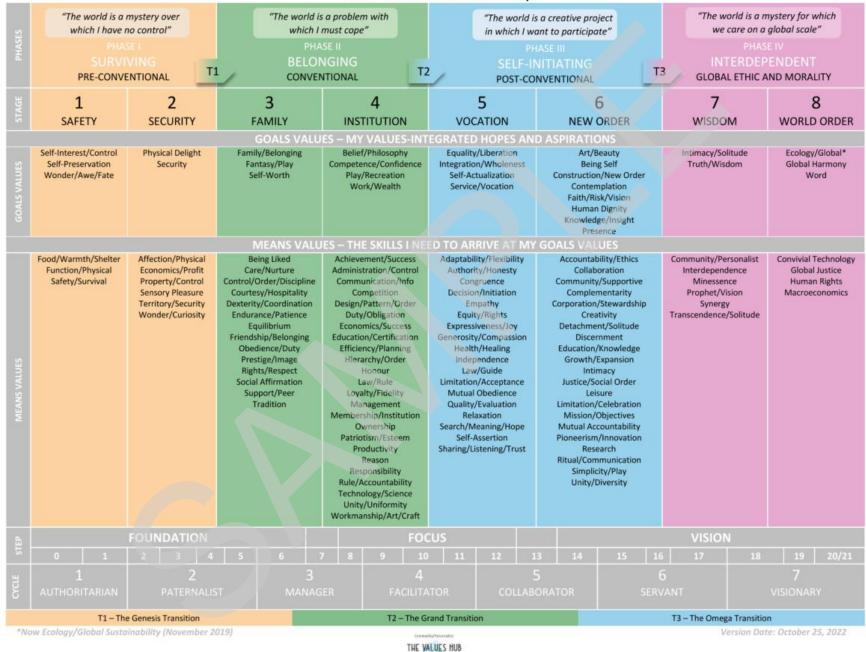
Sensory Pleasure-3 Wonder/Curiosity-3 Function/Physical-1

My Values – Stages Distribution Map

For ease of reading, the four-part coloration of the four phases is removed on this part of My Values Insights™.

	ld is a mystery have no control″		d is a problem h I must cope"		a creative project nt to participate"	"the world is a mystery for which we care on a global scale" Phase IV INTERDEPENDENT			
Р	hase I	Р	hase II	Ph	ase III				
SUI	RVIVING	BEL	ONGING	SELF-I	NITIATING				
Stage 1:	Stage 2:	Stage 3:	Stage 4:	Stage 5:	Stage 6:	Stage 7:	Stage 8:		
SAFETY	SECURITY	FAMILY	INSTITUTION	VOCATION	NEW ORDER	WISDOM	WORLD ORDER		
				VALUES					
		Self-Worth-3 Family/Belonging-2	Belief/Philosophy/Value-3 Play/Recreation-3 Competence/Confidence-2	Equality/Liberation-4 Service/Vocation-1	Being Self-3 Knowledge/Insight-2 Art/Beauty-1 Construction/New Order-1	Truth/Wisdom-2	Ecology/Global-2		
			MEANS	S VALUES					
unction/Physical-1	Sensory Pleasure-3 Wonder/Curiosity-3	Endurance/Patience-3 Equilibrium-2 Care/Nurture-1 Obedience/Duty-1 Rights/Respect-1	Technology/Science-4 Ownership-3 Loyalty/Fidelity-2 Management-2 Memberships/Institution-2 Rule/Accountability-2 Communication/Information-1 Competition-1 Duty/Obligation-1 Economics/Success-1 Efficiency/Planning-1 Law/Rule-1 Productivity-1 Reason-1 Responsibility-1 Unity/Uniformity-1 Workmanship/Art/Craft-1	Equity/Rights-4 Congruence-3 Empathy-3 Expressiveness/Joy-3 Mutual Obedience-3 Sharing/Listening/Trust-3 Adaptability/Flexibility-2 Authority/Honesty-2 Quality/Evaluation-2 Relaxation-2 Search/Meaning/Hope-2 Decision/Initiation-1 Generosity/Compassion-1 Limitation/Acceptance-1	Accountability/Ethics-4 Education/Knowledge-3 Research-3 Community/Supportive-2 Leisure-2 Complementarity-1 Creativity-1 Detachment/Solitude-1 Mission/Objectives-1 Mutual Accountability-1 Pioneerism/Innovation-1	Community/Personalist-2 Prophet/Vision-1			
	dation		Focus			Vision	_		

<Vour Client Name Heres: My Values Insights™



Hall-Tonna Values Map

Licensed to: <Your Client Name Here>, (<Consultation Dates Here>) | Page 8

INSIGHT III: LIFE TRANSITIONS

Developing as a Person

Developing as a person is never a straight line. Development moves us forward, but sometimes we retrace our steps to regain strength, address difficult issues, or develop new skills. The open dot and the closed dot on the following table indicates your steps of personal and leadership development. The closed dot is the current leadership development step (acquired), and the open dot is the leadership style to which you aspire. These two steps correspond with the cycles of leadership at the bottom of the Values Map (Authoritarian, Paternalist, Manager, Facilitator, Collaborator, Servant, and Visionary) – we call this the Leader's Life.

Read more about the *Leader's Life* either in the last section of *My Values Insights*^M or <u>click here</u> visit the Values Hub and click on the applicable tab under the menu header, "The Leader's Life".

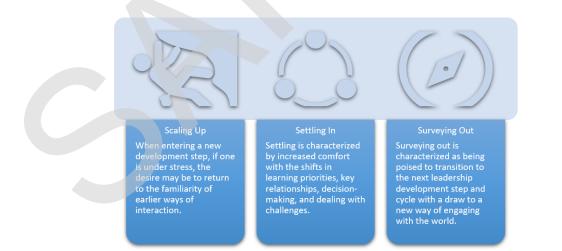


Conversation with your facilitator will support insight into these important development steps.

	Current Leadership Development Step								0	Д	Aspired Leadership Step										
Four	ndati	on				[Focus	S								Visio	on				
										0											
0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
Cycle	e 1		Cycle 2		Cycle 2 Cycle 3		Cycle 3		Cycle 3		Cycle 4		Cycle 4 Cy		Cycle 5		Cycle 6		Cycle 7		cle 7
Authori	Authoritarian			Paternalist Manager			Manager			cilitat	tor	or Collaborator Servant				nt		onary			

There are three steps of leadership development in each cycle. From the table above, if one's *closed dot* is in step nine, that step would be scaling, Step 10 settling, and Step 11 surveying. The following diagram provides a synopsis of how people move through personal and leader development. Each leadership step within the seven leadership cycles presents a unique set of challenges along the journey of personal development.





Three Transitions

There are three *transitions* located across the top of the Values Map. These are indicated by the three tabs – T1, T2, and T3, and are known as: *The Genesis Transition, The Grand Transition, and The Omega Transition.* Your facilitator will explain and explore these with you.

Phase III Worldview – Important Notes

The worldview of Phase III states, "the world is a creative project in which I want to participate." As one moves to a Phase III worldview, sources of authority shift from external authorities to internalized controls. Phase III a time in life where one begins to trust your own principles and take self-initiating action – it is the beginning of personal empowered. Creativity increases, and a willingness to act in ways that would have seemed too risky before. Your attention now turns to using your skills to create a better world.

- A new understanding that the from the notion that world is externally driven to recognizing that the world is engineered and created by one's self *from them to me*;
- Emphasis on knowledge as the source of developing transformational learning communities;
- Shifting from a fragmented/compartmentalized worldview to one that sees the world as interconnected complex and yet profoundly meaningful; and
- Feeling a significant pull towards a Phase IV orientation around the values of human rights, justice, and convivial technology.



Definitions Navigator

Values Insight

Under stress or duress, one may often return to more comfortable or familiar patterns of behaviour found in earlier stages of development. Sometimes, transitions in life will elicit feelings of being at a crossroads – opportunities for trying new approaches.

Sounds exciting? Transitions can be the source of stress and uncertainty. Insight is essential for the successful navigation of life's transitions.

INSIGHT IV: THE LEADER'S LIFE

Leadership Profile

The Leaders' work is informed by their personal values, and by the relationship between those values and the dominant values of one's organization. It's all part of your journey of personal and professional development. A leader's life is informed by how one faces adversity, how they make ethical and moral decisions, and how well they develop and manage personal and professional relationships. This is an essential part of the leader's commitment to learning throughout life – learning in informal and formal settings, and from the many experiences the leader faces.

Four Themes

The Leader's Life focuses on four life and workplace themes leaders face:

- Lifelong Learning desire to gain knowledge, skills, and wisdom throughout life.
- Healthy Relationships capacity to develop and nurture key relationships.
- Wise and Ethical Choices processes for quality decision making.
- In the Face of Adversity strategies for adapting to change and stress in life and the workplace.

You may access the details of the Leader's Life from the *Participant Handbook* or visit <u>the resources page</u> at the Values Hub and scroll down – each of the leader's life options are on the left.

